

SHARETHECAREGIVING, INC.
FULL DAY SHARE THE CARE™ PROFESSIONAL TRAININGS

Honolulu, Hawaii – Share The Care Training sponsored by Department of VA Affairs, Pacific Islands Health Care System (May 23, 2013)

- Full day training for 56 VA hospice/Palliative Care and other local health professionals and clergy at The Oahu Veterans Center

Springfield, Mo – Share The Care Training for professionals sponsored by Mercy St. John's Hospital (January 24, 2012)

- Full day training for 45 professionals and clergy

Kauai Island Share The Care training sponsored by Kauai Hospice – Kauai, Hawaii (January 12, 2012)

- Full day training for 54 professionals and Volunteers

Share The Care training for GWAAR STC Station Program– Steven's Point, WI (July 13, 2011)

- Full day training for 50 professionals

Monterey Country Share The Care Pilot Program – CSU at Monterey Bay, CA (Feb. 10, 2011)

- Full day Training for 61 high level professionals and clergy

Share The Care Training – Penn Yan, NY (May 25, 2010)

- Full day training for Yates county professionals/clergy

Share The Care Training and “Let's Get Started” Caregiver Workshop –Newmarket, Ontario (Mar.11, 12, 2010)

- Full day training
- 3 hour Workshop for Caregivers and Concerned Friends

Four - Share The Care Trainings – South West Ontario (Sept. 29, Oct. 1, 27, 29, 2009)

- Full day Trainings in Owen Sound, Mitchell, London and Chatham for health professionals & clergy. **This was start of 18-month STC initiative.**

Share The Care Training – Anchorage, Alaska (August 21, 2009)

- Full day Training for health professionals and clergy

ShareTheCaregiving's Third NYC Program – Share The Care™ NYC Training New York City, NY (May 28, 2009)

- Full day Training for health professionals and clergy

ShareTheCaregiving's Second NYC Program – Share The Care™ NYC Training, New York City, NY (October 30, 2008)

- Full day training for health professionals and clergy

Wellmont Healthcare Systems/ ALS Association – Tennessee Chapter Bristol, TN (May 22, 23, 2007)

- Speaker for caregivers/health professionals/ Full day training for professionals

ShareTheCaregiving and St. Vincent's Hospital - Share The Care™ NYC Training
New York City, NY (March 31, 2007)

- Full Day training for health professionals & clergy

Sharon S. Richardson Community Hospice, Sheboygan Falls, WI (Feb. 22, 2007)

- Full day training for staff and volunteers

Jewish Home & Hospital – Lifecare Plus, New York, NY (Jan. 16, 2007)

- Full day Training staff of Lifecare Plus Program work (with older population)

Woodward Respite Care Fund, Denver, CO (September 21, 2006)

- Full day Training for 50 health professionals and clergy

Spencer Crawford Children's Foundation, Coral Springs, FL (July 29, 2005)

- Full day training for staff of the foundation.
- Focus on helping the parents of children who are seriously ill.

Training for Health Professionals/Clergy, Greensboro, VT (May 5, 2005)

- Full day seminar sponsored by Area Agency for Northeastern VT.,
Northeastern Vermont Area Health Education Center, Northeastern VT.
Regional Hospital, North Country Hospital, Northern Counties Health Care Inc .

Training for Health Professionals and Clergy, Rutland, VT (June 10, 2004)

- Full day seminar sponsored by Rutland Regional Medical Center,
Rutland Area Visiting Nurse Service, Southern Vermont Area Health

KEYNOTES, MAJOR CONFERENCE PRESENTATIONS & WORKSHOPS

Family Caregiving Summit - New York Academy of Medicine. NY, NY (April 30, 2014)

- Featured speaker

Family Caregiving Summit - Fordham University, NY, NY (June 10, 2013)

- Featured speaker

NYC Partnership for Family Caregiving Corps – EmblemHealth, NY, NY (August 22, 2012)

- Featured speaker

4th Annual On Lok Conference – San Francisco, CA (Sept. 21, 2011)

- Featured Conference Speaker

Aging in America Conference – San Francisco, CA (April 28, 2011)

- Workshop Presentation

Carmel Foundation – Carmel, CA (February 9, 2011)

- Presentation for invited guests – prelude to training 2/10/11)

13th Annual Aging Concerns Unit Us Conference, Albany, NY (June 2-3, 2009)

- * Workshop Presentation

2009 Oregon Association of Home Care Conference, Salem, Oregon (March 5, 2009) •

Keynote speaker for health professionals

8th Annual Gulf Coast Home Care Conference, Point Clear, AL (June 10, 2008)

- Workshop presentation for health professionals

Long Term Care Association of Manitoba 8th Annual Conference, Winnipeg, Manitoba
(May 27, 2008)

- Speaker – 250 health professionals

Ontario's Ministry of Health and Local Health Integration Network's Aging At Home Conference, Toronto, Ontario (April 23, 2008)

- Keynote speaker – 700 health professionals

Council of Senior Centers and Services of NYC – The Power of Aging Conference
New York City, NY (January 24, 2008)

- Workshop presentation hosted by NYC Family Caregiver Coalition

Alzheimer's Association Greater Michigan Chapter and Upper Peninsula Region
Marquette, MI (August, 23, 2007)

- Keynote speaker and workshop for 100 health professionals/clergy/caregivers

Robert Wood Johnson University Hospital – Caring For You, Caring For Me Conference,
New Brunswick, NJ (May 19, 2007)

- Speaker for caregivers conference

Joint Conference of the American Society on Aging and The National Council on Aging,
Chicago, IL (March 8, 2007)

- Workshop presentation of Share The Care™ with Claire Culbertson, MPH

HOPE - Hospice & Palliative Care Conference, Wisconsin Rapids, WI (Nov. 9, 2007)

- Plenary speaker for 250 health professionals

Jewish Home and Hospital, New York, NY (September 8, 2006)

- Presentation/training for selected supervisory staff

National Hospice and Palliative Care Conference on Volunteerism & Family Caregiving,
Denver, CO (July 29, 2006)

- Workshop presentation on Share The Care model

MDA/ALS Symposium, Beaverton, OR (October 29, 2005)

- Featured speaker for 100 patients with ALS and their caregivers.

United Nations, New York, NY (October 14, 2004)

- Sponsored by the United Nations Caregivers Support Group
- Presented lecture on *Share The Care* to caregivers from many nations

ALS Caregivers Conference, The Carolinas Medical Center for Neuromuscular Disease -
Charlotte, NC (October 18, 2003)

- Keynote speaker. Presented the Share The Care™ system and benefits of group caregiving to ALS patients and their caregivers and families.

Caregiver's Forum, Mission Inn, Orlando, FL (September 24, 2003)

- Sponsored by Share The Care Foundation of Orlando, FL (not related to *Share The Care* handbook or ShareTheCaregiving, Inc.)
- Keynote speaker on the benefits of group caregiving to 250 caregivers

Feedback from Share The Care Training Participants

"Too often we "workers" think about what we can't do. This shows what we can do —need to do. Warehousing elders in Nursing Homes is very sad. Finding ways to keep people at home safely should be our aim for those who want this."

Case Manager

"It is wonderful to have a new method of assisting families with caregiving issues. The model is very clear and comprehensive with a lot of room to adjust for individual situations."

RN, Adult Day Care Center

"The presentation was inspiring, uplifting, full of wonderful ideas, well-timed breaks, well organized presentation. Sheila has a great speaking style - held my interest throughout - so much interesting and useable information."

Community Outreach Worker

"The personal stories put a real face on this model. All of your examples and stories from the heart to the heart. Because this is about part of life —several times I was reminded of situations, people in my own community, pieces of this model that already are happening—but the model seems to pull those pieces together and tap into the power of a group, the gifts that each person brings to the group, and how to make caregiving a sustainable and blossoming proposal."

Activity Director Residential Care Home

"Sheila Warnock's book Share The Care will lead the national hospice movement to its next step, meeting the needs of the millions of Americans living alone who will need hospice care. Her work is groundbreaking."

Hospice STC Coordinator, author

"Excellent seminar - superb presenter whose mission in life is CLEAR. Keep doing what you're doing - bringing this gospel to everyone, everywhere."

Social worker

"This was a wonderful seminar. The personal stories and videos were wonderful and it makes all the difference in knowing it really works."

Social Worker in LTC facility

"Very empowering. As we baby boomers age, we will need to take care of each other because this is going to be a serious shortage of health care professional. Plus with recent government budget cuts, agencies aren't going to be able to provide the same level of service. We will have to depend on volunteers."

RN

"Excellent workshop. Very real practical information. This type of care can certainly enrich the lives of so many—whose only alternatives may be institutionalization."

Home Health RN & Case Manager

"I liked having an opportunity to participate in a mock group because ideas and possibilities expanded as the group explored the needs."

Volunteer Coordinator

"Share The Care can make a difference for me personally. I have a friend living with disability, no family, and I am the caregiver. So I am very excited about establishing a group for her safety and my sanity."

Hospice worker

"The exercise about working as a team around a specific case was eye-opening in all the multiple needs that can come up and how do you encompass all of that. I found the story build-up and history also important to make the experience complete."

Client Services Manager, for HIV/AIDS

"Such a wonderful experience in caring for our fellow human beings. Outstanding example of high quality human service."

RN

OTHER FEEDBACK

"I just learned about your group and your efforts today, after finally acknowledging to myself, my wife, and a friend or two this weekend that I am in danger of losing my job unless I confront the burnout I am experiencing and make some changes....."

I know that caregiving financial assistance in these days of economic turmoil is pretty non-existent, so I am grateful to have found your site. Honestly, I usually manage to get an attitude of gratitude together to help get me through, but this week and the past few have found me with my head in the clouds, and those clouds have been very dark. I am glad to have found you and your site."

--Email from a working caregiver

"My Mom needed 24 hour care. I was overwhelmed. I have three small children. My husband works long hours. All of my family lives on the East Coast. I had felt so isolated and alone.

I prayed to God to give me the strength to do it all, instead, he had my boss hold a (Share The Care) meeting. When I walked into the room, I knew my prayers were answered, for he had sent me an 'Army of Angels.'"

--Patricia McHale, NM

"When I see the Reevettes (my sister's Share The Care group,) I will thank them, for their help. I know I will hear in their response: "gift," "privilege," "honor." One group member told me recently, 'it's one of the best things I've done with my life.'

"Maybe my sister is living longer because of us. I know we are living better because of her."

--Karin Reeve

Sharing The Care by Carry Marriot, ALS Independence

*"The encouragement and the practical suggestions of **Share The Care** are making the difference between my wife, Betsy, spending her last years in a nursing home and spending her last years in our home, surrounded by people (Team Betsy) who love her."*

Richard Baer, RN, M.Ed., Denver Hospice

"I was all alone. I prayed a lot but I was afraid that nobody would know if something happened to me. Now a wonderful person gives me a ride to church on Sunday, and helps me get to doctor appointments. Somebody calls me on the phone every morning to make sure I am okay. I have so much support now! It is wonderful, and I love this church."

--Long-time member First Presbyterian Church of Forest Hills

"Our church is using STC to coordinate caregiving to assure that we all truly take care of each other, sharing the tasks, with each person contributing exactly what they have time to do and what they most enjoy doing. It's just amazing the difference it is making and how meaningful it rapidly became to participants. We try to make sure that everyone has what they need-both caregivers and people we reach. It's an awesome model for churches and we'd love to help spread it to more congregations!"

--Melinda Lackey, Elder at First Presbyterian Church of Forest Hills